

LEWISTON-PORTER

CENTRAL SCHOOL DISTRICT

Department of Recreation

“Fitness Center Open to our Community”



Starting on **Monday, September 12, 2022**, Lewiston-Porter will once again, open its doors of the Fitness Center to the residents of our district! It is our goal to provide a safe and affordable opportunity to practice a healthy lifestyle. The room is equipped with a variety of cardio, strength, and core training equipment which will be open in September for students, staff, and community use.

The space is ADA compliant and meets adaptive needs of all users. Equipped with ellipticals, adaptive motion trainers, treadmills, free weight stations, core training stations, strength machines, and virtual reality upright bikes, the workout options are numerous!

The following list of information will allow you the opportunity to plan and prepare for an enjoyable experience. If you have any questions or would like to register, please contact the Director of Recreation, Brad Halgash or his Administrative Assistant: Kathy Moore @ 716-286-7865 / By email: kmoore@lew-port.com

Hours of Operation Starting September 12th:

Monday thru Friday: 6:00am-7:30am & 5:00pm-8:30pm

Saturday's: 8:00am – 12:00pm

* Fitness Center will be closed at any time when the district is closed due to holiday/weather.

* This registration is good until Saturday, June 17th 2023.

General Rules and Information:

- * There will be an adult CPR/AED certified staff member on duty at all times.
- * There are small lockers provided for personal items, but no showers.
- * The Fitness Center is open to children ranging from 9th thru 12th grade only.
- * We highly encourage all members exercise with a partner.

Membership Fees:

- * Lewiston-Porter students ages 14 yrs. and up - \$40.00 per year
- * Adult community members & Lew-Port staff - \$75.00 per year
- * Senior Citizens - \$ 40.00 & College Students - \$35.00

